



ON THE EDDY LINE

IDAHO WHITEWATER ASSOCIATION NEWSLETTER

Spring 2019 Edition

SPRING EQUIPMENT SALE



April 27, 2019 ---- 9a - 3p

**Come early for the best selection.
Stay for lunch and a local brew.
Hourly games for prizes.**

Friday April 26th – Check in your gear on site from 3:00pm – 9:00pm.

Saturday, April 27th – Check in your pre-registered gear from 7:00am – 8:30 am.

Details available at idahowhitewater.net or see us on Facebook.

Proceeds benefit whitewater safety, education projects and fund other IWA events.

All unsold items must be retrieved no later than 4:00pm on April 27th.



HANKS FRANKS



IWA is a volunteer and member driven association. Please consider volunteering at one of our many community events, please contact us at: contact@idahowhitewater.net

Thoughts From Your President:

As the rivers creep up the anticipation builds for what is to come this season of whitewater rafting in Idaho on mother nature's spring run-off! Packing up our ski equipment; trading it for the PFDs, drysuit, oars and boats is always an exciting time of year!

Your IWA Board wrapped up the last 2018/19 season of member meetings with a bang at Idaho River Sports for Movie Night. We hope most of you made it to one or more of the events this year. It's always a great time! We appreciate those who brought in appetizers, thank you! IWA has several new members, welcome! And several returning members. IWA is driven by its members, volunteers and sponsors. Without you IWA would not exist. We appreciate each and every of you!

What else has your IWA Board been up to, you ask?

We're excited to announce with Alicia's hard work, IWA received a grant from the Wild River License Plate Fund, for safety signs to be installed along the shores of the Main Salmon River, youth PFDs and whitewater safety brochures.

Keep an eye out for the new signs along the Payette and Salmon River.

There are plenty of volunteer opportunities in the coming months. Please email contact@idahowhitewater.net

Cheers, *Cris Riggs*

IWA Board of Directors.

Please tip your hats to the generous volunteers who you can proudly claim as your 2019 IWA Board of Directors who were elected in January.

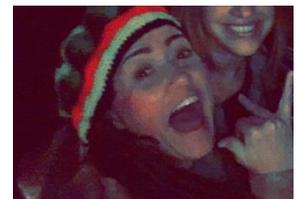
Cris Riggs - President



Hello, my name is Cris Riggs. I grew up with gypsies traveling from state to state throughout my childhood. Idaho just happens to be the only state which I have been a resident twice. I returned to Idaho in 1991. I love everything this great state has to offer!! I am an advocate for the outdoors. I am very excited to be part of the 2019 Board of Directors. Thank you for allowing me to be your President of this outstanding organization! Cheers to a fun and productive 2019!

Alicia Cady - Vice President

Cheers IWA Members. My name is Alicia Cady. I am a proud Idaho native who feels privileged every day I get to play in our majestic backyard. Summers I migrate north a bit, to Riggins, to guide for Salmon River Experience. Winters I "work" as a Ski Instructor at Bogus Basin. I have two littles: my daughter is all about "the life" where my son went to the dark side! My son prefers baseball and snowboarding while my daughter skis and rafts. Regardless, staying active and conserving our beautiful state are CORE values my family maintain. I'm honored to be of service to the IWA to share, promote and protect scenic Idaho while teaching white water safety skills.



UPCOMING EVENTS:

April 27th:

Spring Equipment Sale
Maravia Warehouse

May 11th:

Adopt-a-Hwy Cleanup
Beehive Bend

May 23-27th:

Lochsa River Madness
Wilderness Gateway

July 20th:

Safety Saturday
Main Payette River

September 28th:

Summer Roundup
Location TBD

October 12th:

Adopt-a-Hwy Cleanup
Beehive Bend



Teresa Roundy - Secretary

My name is Teresa Roundy and I'm a stay at home mother of two. I first moved to Idaho in 2005. I love being outdoors and am happy to serve another year on the board.

Alyssa Garbett - Treasurer

Hi, I'm Alyssa Garbett. I have two boys and currently live in Kuna. My oldest went kayaking before he even came home from the hospital. I grew up in Pocatello, spent four summers working at Redfish Lake Lodge during college. I became hooked to rafting after rafting Dagger Falls in 2002 and then rafting the Grand Canyon in 2003. During college, I also was an office manager for a hydraulics software company, Aquaveo. I even hosted 10 Iraqi water engineers one summer, taking them to reservoirs, water treatment facilities, and Yellowstone. They would call our rivers "creeks" compared to their Euphrates. Ha. I've ran close to 60 different rivers in BC Canada and the West U.S. including every multi-day river in Idaho. I've been managing Runoff River Adventures for 10 years now. I have my bachelor's in finance, even though my friends would ask me why I wasn't doing Recreation Management! I enjoy hiking, backpacking, photography, volleyball, canyoneering, rock climbing, and rafting.



Kevin Jones - IT Superstar



My Name is Kevin Jones; I am a native Idahoan growing up in the mountains of northern Idaho. I currently work for the State of Idaho in the GIS/Mapping field. In my spare time I like to cataraft, downhill ski, hit the gym, snowshoe, backpack, camp, and deer and elk hunt. I have worked on various fisheries and hydrology, and trails projects throughout the State of Idaho. I also like working on various projects around the house with my yellow lab, Tappan. Thank you for allowing me to serve on the board.

Ken Ahlefed - P.D.

Hello my name is Ken Ahlefed. I have lived in the great state of Idaho for the past 33 years, but was born in Palm Desert, CA. Yes I'm one of those California transplants. I just did it before it was the cool thing to do. I currently live in Kuna and have two great kids that share in my love of the outdoors. Once I got used to the freezing cold of Idaho, after moving from the desert, I fell in love with all Idaho has to offer outdoors. I enjoy hunting, fishing, hiking, snow shoeing, and rafting ...If it's outdoors I'll give it a shot! I also enjoy staying fit and healthy by participating in cross fit, lifting and running activities. I've been rafting for twelve plus years and have made many great memories on the water with family, close friends, and the countless new friends I've met along the way. I joined the IWA many years ago and am excited for the opportunity to contribute, as a board member, to this organization and the greater rafting community. I'm sure we can make great things happen this year.



Paul Collins



Hello. I am Paul Collins, a Boise physician and orthopaedic surgeon who has lived in the Treasure Valley for going on thirty years. The rafting, kayaking and river experiences have been a significant part of my life, and the experiences of my family. I have two children, a wife, and a cat – and at least three of them love the rivers like I do. My boating experience has taken me all over this wonderful state, and the efforts of the Idaho Whitewater Association have kept this doable. I greatly respect the history they have created in preserving our access to the great rivers of Idaho, and I enjoy working to keep this part of our future. I will continue to keep this part of your love and life as well.

Wil Hubbard

Hi, my name is Wil Hubbard. I am a native of Nampa ID. My family and I have owned and operated Gem State Truss since 1993 and still manufacturer wood trusses in Kuna. In the late 80s around age 7, I was allowed to get into the raft with buckets dumping water out, later I was given a paddle and then finally, they got two 14' self-bailing boats with a center frame...we had fun. High school and beyond we tubed Indian Creek more times than I can remember. Now I have two kids of my own and want to give them the same experience I grew up with on the river. Last year I joined Salmon River Experience team outfitting trips for rafting, mountain biking, fishing and hunting on the Lower Salmon River and Hells Canyon. I was able to spend 45 + days on the river last year, while holding a fulltime day job at the truss plant. I look forward to meeting a lot of new people in the river community and making the river better.



Amber Dawn McCarrel



Hello, my name is Amber Dawn. I am proud to say I was born and raised in Idaho. I am currently a whitewater guide on the Salmon river for Salmon River Experience.

I moved to Boise, Idaho for college almost 18 years ago from N. California. It was there where my love of the outdoors began. Much of our summer was spent in a tent, along various parts of the Pacific Crest Trail in the Sierra Nevada's. Idaho has instilled in me a passion for the rivers and a need to preserve our beautiful Idahome; while still being able to enjoy everything that this incredible state has to offer. I care and am passionate about the IWA and look forward to continuing and contributing to its mission.

Jennifer Atteberry



Deme Dellairo



I have been rafting rivers since 1986 and been fortunate enough to raft rivers in several different countries with my rafting buddies. We take the rivers with respect, knowing rivers always command us. I also own a mental health clinic with 18 exceptional staff. My belief is that we take care of each other in life, including taking care of each other on the rivers. Hope to see you on the river!

How to Have “The Talk” with your Boating Friends

This is it. One of the most awkward conversations of our adult boating life.

But how do you talk to your boating buddies about Human Impact Disease (“HID”), and how to prevent it?

Sometimes, the moment to initiate ‘the talk’ is pretty blatant. Tell me if this sounds familiar: You and the crew pull into a beautiful camp after a long day with a nasty headwind. It’s taco night, and someone says, ‘I don’t want to get my mess kit dirty, so I’ll just palm it.’ Perhaps a few looks are exchanged, but no one wants to be ‘that guy,’ especially not when everyone’s just starting to relax, and it would totally kill the mood. Instead, ground beef and shredded cheese lightly sprinkle the sand near the kitchen and the culprits simply proceed with beer and bocce.



It may only be a tiny bit of food, but it wasn’t there before, and it won’t be there in the morning after the local rodent population gets involved. And when you wake up to mouse turds in your camp chair, you know it’s time to have ‘the talk.’

The concern is that if one speaks up for these practices on a river trip, it might ruin the moment and one will be permanently labeled the ‘fun-police,’ ‘smartass,’ or ‘Captain Bossy-Pants McGee.’ But the reality is the health of our river ecosystems is more important, and you needed a new nickname anyway. So here we go.

First of all, no one should be ashamed to open this topic of discussion. We’ve all been in this situation. Anyone recreating in the outdoors is a part of the very real impact we messy humans have wherever we go. And every single one of us is responsible for the things we leave behind.

Some impacts are small and unintentional, like the aforementioned taco bits, and often occur because of a genuine lack of awareness. Other instances, however, can come from the egos which are often attached to boaters of all age and experience level.

While the only sure-fire way to avoid impacting the outdoors is to abstain from them completely, there are a lot of ways to effectively prevent the transmission of HID.

Most experts suggest practicing the Seven Principles of Leave No Trace. As river-runners, we often find ourselves in high-risk situations for HID involving heavily used campsites in extremely sensitive environments. We must, therefore, learn how, and proudly encourage our peers, to tread lightly.

The progression of HID can be very rapid, or it can be mitigated into remission for a lifetime. Early onset symptoms look like braided trails, small pieces of litter, food scraps, rodent scat or the occasional bullet casing. And while the first indicators can be easily remedied, their very serious implications are all too often downplayed with the favorite denial line, ‘It’s only an orange peel.’

If left untreated, late-term symptoms include campsites infested with ants, mice and snakes, water contaminated with human fecal matter and deadly wildlife interactions. Once an outdoor area reaches this point in the disease, the treatments generally include either quarantining it from human use completely or paving it over with concrete.

1. Plan Ahead and Prepare

- Read all current river use guidelines accompanying a permitted area, even if you’re not the trip leader. Find out if there’s a fire ban, fishing restrictions, or other regulations unique to the state such as boat registration.

2. Travel and camp on durable surfaces

- On overnight trips, only camp on established sites.
- Do not flatten down grass for a new, cozy tent spot.

- On day floats, limit your lunch spots to rocks and beaches or developed areas, and only use the approved boat ramps for access points.

3. Dispose of Waste Properly

- Many areas of popular rivers are semi-arid environments. This means that if you pee on the bank or in the sand NEAR the water, then the liquid will quickly evaporate from your urine, leaving a nasty smear of minerals and salts which will stay there for months until the next good rain.
- Solid waste must be packed out. No excuses, no emergencies. Keep a small wag bag in your day cooler for those ‘gotta go’ moments, and use a fully sealable toilet system for everything else.
- Micro-trash is trash. Crumbs from your garlic bread or pita pocket bring in ants and mice. If a campsite is used every night, as many are, then larger predators such as snakes will also follow. Do not drop fruit cores and peels claiming it is ‘biodegradable’ unless you literally just picked it off the plant that grew it. There are no native banana trees in the US and that peel will not decompose on its own for over a year. *To be continued on page 7.*

4. Leave What You Find

- Just leave it. Drop it right there. Yes, I mean that flower/rock/pottery fragment. The number of users accessing our most popular rivers today would completely drain the beautiful details of the world if everyone took ‘just one.’

5. Minimize Campfire Impacts

- No fires on the sand. None. Don’t give in to the temptation of that romantic Insta-shot. Burning driftwood on the beach sounds and looks lovely in the moment, but it leaves a very real scar. Even if it is all scooped into the water, what you created and pushed downstream was not there before.
- Bring an elevated firepan and ash container even when it is not required, and use them every time.



6. Respect Wildlife

- This means putting away all food and washing dishes EVERY NIGHT before sleeping so that critters don’t learn that after 1 AM is a great time to raid the beach. Tidy up and lock it down, or the wild animals who come to investigate are invariably the ones paying the price just because everyone passed out before cleaning up after themselves.
- And of course, sweep the campsite thoroughly to find any lost tent stakes, bread ties, dental floss and or food scraps before launching every morning.

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Dutch Oven and River Food Cook-off

Wow what an incredible event! Most chefs of all time showed this year! Hats off to 16 amazing dutch oven chefs who slaved over hot coals creating amazing dishes for the 50+ judges!!

Thanks to everyone who volunteered at this event!

First Place – Kris Witte and Ken Koenig
\$100 Cascade River Gear





Buffalo Chicken Dip

- 4 cups of shredded, cooked chicken
- 2 (8 oz pkgs) cream cheese
- 1 cup Frank's Red Hot Buffalo Sauce
- 1 cup Ranch Dressing (you could also use blue cheese if you prefer)

Add all ingredients to the Dutch oven layered hot sauce, ranch, chicken, cheese to prevent burning, make sure to stir thoroughly after cream cheese has melted, about 15 minutes. Bake for 30-45 minutes depending on the size of the Dutch Oven.

Serve with tortilla chips, veggies or warm Bread

Did you know?
Idaho's Annual Stream Outflow is approximately 75 million acre-feet.

Second Place – Teresa Roundy

Third Place – Alicia Cady

BOARD OF DIRECTORS

- | | |
|----------------|---------------------|
| Cris Riggs | Paul Collins |
| Alicia Cady | Deme Dellairo |
| Teresa Roundy | Amber Dawn McCarrel |
| Alyssa Gabbett | Wil Hubbard |
| Kevin Jones | Jennifer Atteberry |
| Ken Ahlefeld | |

Our Mission

The purpose of the Idaho Whitewater Association, Inc. (hereafter, IWA) shall be to promote the appreciation, understanding, and safe recreational use of the whitewater river resources within the State of Idaho among its members and the general public, and to inform the members of issue affecting whitewater rivers and their use. In essence, the IWA is for whitewater boaters and paddlers, who have a passion and experience in whitewater and others who desire to explore that passion.

THANKS TO OUR AMAZING SPONSORS:





Post Office Box 6135 - Boise, ID 83707

SPRING EQUIPMENT SALE

When: April 27

Time: 9-3p

Location: Maravia Warehouse

602 E 45th St, Boise, ID 83714

Sell your gear here.
Register your gear on IWA's website.
Come early to shop.
Lots of Vendors. Support IWA.
See YOU there!!

Note: Please check your renewal date next to the mailing address.

IWA is only as strong as our members and we need you!



Check one:

- New Membership
- Renewal

JOIN!! IWA Annual Membership Dues
\$20 Individual / \$25 Family
MEMBERS! PLEASE VERIFY YOUR
INFORMATION FOR OUR RECORDS

Name(s): _____

Street: _____

City, State, ZIP _____

Phones: (____) _____ Cell (____) _____ Other _____

Email Address: _____

- Check one: Individual Membership (\$20)
 Family Membership (\$25) - # in Household _____

Please Check ALL that apply:

- Raft
- Cataract
- Canoe-whitewater
- Canoe-touring
- Kayak- whitewater
- Kayak-touring
- Kayak-inflatable
- SUP
- Other: _____

I am interested in Volunteering

- Spring Equipment Sale
- Safety Saturday
- Other

- Adopt-a-Highway
- Board of Directors
- Lochsa River Madness

- Social Media/Newsletter
- Sponsoring IWA
- Guest Speaker